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Asplands Medical Centre and Woburn Surgery would like to re-assure patients that we are open and working hard to provide usual services for patients.

Our priority is to continue to provide the care needed to patients while taking sensible measures to minimise any risks in relation to Coronavirus to both patients and staff.

We are using telephone consultations for all problems that it is safe to do so for. If it is not possible to deal with a problem on the telephone, we will make the appropriate arrangements to see patients. During this time some routine and non-urgent services such as ear syringing will be postponed.

From the 16th of March we will also have the capability to start doing online consultations and video consultations so please keep an eye out on our website for these developments.

www.asplandsmedicalcentre.co.uk

In the meantime can we remind people of the current guidance from the NHS and Public Health England:

Wash your hands regularly

Stay at home for 7 days if you have either:

- High temperature (37.8 degrees centigrade or above)
- New continuous cough

DO NOT go to a GP surgery, pharmacy or hospital

You do not need to contact 111 to arrange testing for coronavirus or to inform them that you are staying at home.

Please do use the 111 **online** Coronavirus service if:

- You feel that you cannot cope with your symptoms at home
- Your condition gets worse
- Your symptoms do not get better after 7 days.

Only call 111 if you don't have access to 111 online or you cannot get the help you need from 111 online.

For other medical problems Asplands is open as usual but please be advised will be offered a phone call first.

While for the majority of people Coronavirus is a mild self-limiting illness it is important we work together to protect members of our community who may be more susceptible to severe infection.

While this advice is accurate at the time of writing this is a changing situation so please look out for updates on the Asplands Website or www.nhs.uk/coronavirus.

Advice accurate as of 12:00 13.3.2020